

Women in Senior Leadership Program



MELBOURNE
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SCHOOL

Women in Senior Leadership Program

Transform the way you lead, influence and innovate with a course designed for high-achieving women.

Our Women in Senior Leadership Program is designed to develop women with purpose into leaders who have a profound impact in their organisations, communities and wider society.

This program provides an opportunity for participants to pause and to experiment, to feed their curious and creative sides, to nourish and sustain their body as well as mind, to open new paths, to grow their leadership.

As part of a cohort of talented and senior women, you will learn from a globally-recognised faculty with expertise in leadership, power, influence, negotiations and strategy – as well as each other.

 6 days  Carlton  \$8,500

Please refer to our website and calendar for program dates.

Note: This program is residential where participants stay on campus and participate in workshop activities after hours. The program fee covers tuition, meals and accommodation during the workshop.

Who Should Attend?

Senior executives

- Women leaders in the C-suite, or aspiring to join the C-suite in their next career move
- Women with 10+ years of experience as leaders across a variety of industries
- Women who are keen to learn from a diverse cohort across a variety of industries, age and cultural backgrounds

Key Takeaways

Find your voice

- Learn to be heard without alienating people
- Develop strategies to influence others and achieve your objectives

Manage relationships effectively

- Manage relationships up, down and sideways
- Understanding the roles of authenticity, trust, influence and resilience at a team and individual level

Build power and influence

- Drive outcomes through the use of skilful negotiation tactics inside and outside your organisations
- Develop an enduring and powerful network that supports and advocates for each other

Care for yourself

- Manage your physical and mental well-being in the context of your career and encourage others to do the same

Learning Methods

- **Interactive sessions**, delivered by our world-class faculty, are grounded in academic research to increase your awareness and effectiveness.
- **Case studies** Case studies provide practical, real-world examples that translate research-based management theory into applicable skills.
- **Peer-learning groups** facilitate knowledge sharing, collaboration and feedback to ensure you have a powerful and personal experience that drives results.
- **Experiential learning** deepens your insights into leadership, strategy and change, providing practical opportunities to reinforce new learning.
- **Feedback** increases self-awareness and strengthens your capacity as a leader.
- **Personal reflection** gives you time to reflect on your learnings in a broader context, identify issues and establish the way forward.

Topics Covered



Authentic leadership

Learn what leadership is and isn't and the challenges faced in exercising it as an authentic leader



Power and influence

Develop your ability to navigate professional alliances with female and male colleagues and to present with authority



Negotiations

Explore the particular dilemmas that a woman can face when negotiating and how to overcome them



Equity in leadership

Broaden your sphere of influence for speedier gender equity change and consider the role men can play



Impact narratives

Understand the value of being able to tell compelling and impactful stories that engage and persuade others

PRE-PROGRAM ACTIVITIES

(Approx. 6 weeks prior to program commencement)

ACCESS

Canvas* and review welcome and information

READ

Articles and case studies for topic areas

COMPLETE

Skillscope 360 Questionnaire
Self-assessment profiles

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
Introduction to Women's Leadership	Gender Equity in Leadership	Strategy and Purpose	Power and Influence	Mindful Leadership	Resilience and Well-being
	Managing Difficult Conversations	Teams and Trust	Negotiations	Strategic Narrative	

*Canvas is our online-learning platform



“I think the strength of the program for me in particular was that it gave me real skills to actually use. Not just suggestions but actually how to break down a situation to prepare for it or understand it.”

SHEENA MCGOWAN

Associate Professor, Department of Microbiology,
Monash University

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