

Women in Leadership Program



MELBOURNE
BUSINESS
SCHOOL

Women in Leadership Program

Invest in your own potential as a future leader and form a powerful and supportive peer network.

Our Women in Leadership Program is designed to develop women with purpose into leaders who have a profound impact in their organisations, communities and wider society.

This program provides an opportunity for participants to pause and to experiment, to feed their curious and creative sides, to nourish and sustain their body as well as mind, to open new paths, to grow their leadership

Join a cohort of talented and emerging leaders, where you will learn from a globally-recognised faculty with expertise in leadership, power, influence, negotiations and strategy – as well as each other.

5 days Carlton \$6,950

Please refer to our website and calendar for program dates.

APPLY NOW mbs.edu/wilp

Note: This program is non-residential. The program fee covers tuition and meals during the workshop.

Who Should Attend?

Emerging leaders

- Women identified for more senior roles in the future

Middle management

- New women leaders who have recently transitioned into their role or find themselves in charge of a team that they used to be part of
- Experienced mid-level managers who are being positioned to take on a senior management role or need to develop a broader perspective

Key Takeaways

Find your voice

- Develop a leadership presence using strategic narratives, effective interview techniques and quieting their inner critic

Managing and leading effectively

- Manage relationships up, down and sideways
- Learn how to lead teams that you were once part of
- Understanding the roles of authenticity, trust, influence and resilience at a team and individual level
- Navigating the 'double bind' of getting your voice heard without alienating others

Build power and influence

- Drive outcomes through the use of skilful negotiation tactics inside and outside your organisations
- Develop an enduring and powerful network that supports and advocates for each other

Care for yourself

- Manage your physical and mental well-being in the context of your career and encourage others to do the same

Learning Methods

- **Interactive sessions**, delivered by our world-class faculty, are grounded in academic research to increase your awareness and effectiveness.
- **Case studies** provide practical, real-world examples that translate research-based management theory into applicable skills.
- **Peer-learning groups** facilitate knowledge sharing, collaboration and feedback to ensure you have a powerful and personal experience that drives results.
- **Experiential learning** deepens your insights into leadership, strategy and change, providing practical opportunities to reinforce new learning.
- **Feedback** increases self-awareness and strengthens your capacity as a leader.
- **Personal reflection** gives you time to reflect on your learnings in a broader context, identify issues and establish the way forward.

Topics Covered



Mindful leadership

Learn what leadership is and isn't and the challenges faced in exercising it as a mindful leader



Power and influence

Develop your ability to navigate professional alliances with female and male colleagues and to present with authority



Negotiations

Explore the particular dilemmas that a woman can face when negotiating and how to overcome them



Effective interviews

Develop an effective strategy to demonstrate your unique talent and understand how to hold effective interviews to find great talent



Managing and leading teams

Learn how to succeed at the transition from being part of a team to now leading it and also how to position as a member of a senior leadership team

PRE-PROGRAM ACTIVITIES

(Approx. 6 weeks prior to program commencement)

ACCESS

Canvas* and review welcome and information

READ

Articles and case studies for topic areas

COMPLETE

Skillscope 360 Questionnaire
Self-assessment profiles

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
Introduction to Women's Leadership	Gender Equity in Leadership	Leading Teams	Power and Influence	Identity and Leadership
Resilience and Well-being	Managing Difficult Conversations	Leadership Presence	Negotiations	Strategic Narrative

*Canvas is our online-learning platform

“It can be so empowering and so inspiring to be among women who are on a similar trajectory to you, who can be there to answer your questions and to solve similar problems. Just being able to have that time away from work, to plug into a different network, can be so valuable.”

TAHLIA AZARIA

General Manager, Circus Oz



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